



## WALKSAFE CURRICULUM LESSONS AND FLORIDA STANDARDS

The WalkSafe Pedestrian Safety Curriculum for Elementary School children satisfies Florida Standards for Health Education, Physical Education, and Visual Arts. Each day consists of a 30 minute lesson plan that corresponds to a particular set of Florida Standards: Day 1, Health Education; Day 2, Physical Education; Day 3, Visual Arts. There are three versions of the WalkSafe Curriculum, each version is appropriate for students learning development by grade levels. There is a version for Kindergarten and 1<sup>st</sup> Grade, 2<sup>nd</sup> Grade and 3<sup>rd</sup> Grade, and 4<sup>th</sup> and 5<sup>th</sup> Grade. The Florida Standards satisfied within each grade category for each version of the WalkSafe Curriculum are listed below.

### Kindergarten-1st Grade

#### *Day 1*

- Identify, describe, and demonstrate healthy behaviors (**HE.K.C.1.1, HE.K.C.2.1, HE.K.P.7.1, HE.1.C.1.1, HE.1.P.7.1**)
- Recognize and identify the physical and social dimensions of health (**HE. K.C.1.2 , HE.1.C.1.2**)
- Recognize and identify ways to prevent childhood injuries (**HE. K.C.1.1.4, HE.K.B.5.2, HE.1.B.3.2, HE.1.B.5.2, HE.1.C.1.4**)
- Understand the importance of rules in maintaining health (**HE.K.C.2.4, HE.1.C.2.4, HE.K.B.5.3, HE.1.B.5.3**)

#### *Day 2*

- Identify opportunities for, and participate in recommended amounts of physical activity (**PE.K.M.1.1, PE.K.L.3.1, PE.K.L.3.3, PE.K.L.3.4, PE.K.R.6.1, PE.1.M.1.1, PE.1.L.3.1, PE.1.L.3.3, PE.1.L.3.4**)
- Recognize the health benefits of physical activity (**PE.K.L.3.6, PE.1.L.3.6**)
- Understand the need for, and identify, safety rules and procedures for physical activities (**PE.K.C.2.2, PE.1.C.2.2**)
- State and demonstrate safe street crossing behaviors (**PE.K.L.3.7, PE.1.L.3.7**)

#### *Day 3*

- Create works of art that communicate personal ideas and interests (**VA.K.C.1.1, VA.K.S.1.2, VA.K.O.2.1, VA.K.H.3.1, VA.K.F.3.1, VA.1.C.1.1, VA.1.O.2.1, VA.1.O.3.1**)
- Use appropriate vocabulary to discuss others' and own artwork (**VA.K.C.2.1, VA.1.C.3.1, VA.1.H.1.3**)
- Identify and show respect for artwork that represents others ideas (**VA.1.S.3.4**)

### 2-3 Grades

#### *Day 1*

- Identify, describe, and demonstrate healthy behaviors (**HE.2.C.1.1, HE.2.B.5.2, HE.2.P.7.1, HE.3.C.1.1, HE.3.C.2.1, HE.3.C.2.3, HE.3.B.5.1, HE.3.B.3.2, HE.3.B.3.1, HE.3.P.7.1**)
- Recognize and identify the physical, mental/emotional, and social dimensions of health (**HE.2.C.1.2**)
- Recognize and identify ways to prevent childhood injuries (**HE.2.C.1.4, HE.2.B.3.2**)
- Understand the importance of rules in maintaining health (**HE.2.C.2.1, HE.2.B.5.3**)

#### *Day 2*

- Identify opportunities for, and participate in, recommended amounts of physical activity (**PE.2.L.3.1, PE.2.L.3.2, PE.2.L.3.3, PE.2.L.3.4, PE.3.L.3.1, PE.3.L.3.2, PE.3.L.3.3, PE.3.L.3.4, PE.3.L.3.6**)
- Recognize the health benefits of physical activity (**PE.2.L.3.7**)
- Understand the need for, and identify, safety rules and procedures for physical activities (**PE.2.C.2.2, PE.3.C.2.2**)

- State and demonstrate safe street crossing behaviors **(PE.2.L.3.8)**
- Play cooperatively with others **(PE.2.R.5.1, PE.3.C.2.6, PE.3.R.6.3, PE.3.R.6.2)**

### *Day 3*

- Create works of art that communicate personal ideas and interests **(VA.2.C.1.1, VA.2.C.2.1, VA.2.S.1.2, VA.2.O.2.1, VA.2.O.3.1, VA.3.C.1.1, VA.3.S.3.1, VA.3.O.2.1)**
- Use appropriate vocabulary to discuss others' and own artwork **(VA.2.S.1.4)**
- Understand how to use art to promote community events **(VA.2.F.3.1, VA.3.F.3.1)**

## **4<sup>th</sup> and 5<sup>th</sup> Grade**

### *Day 1*

- Identify, describe, and demonstrate healthy behaviors **(HE.4.C.1.1, HE.4.B.5.2, HE.4.B.5.4, HE.4.P.7.2, HE.5.C.1.1, HE.5.B.5.2, HE.5.B.5.4, HE.5.P.7.1, HE.5.P.7.2)**
- Identify and explain the physical, mental/emotional, social, and intellectual dimensions of health **(HE.4.C.1.2, HE.5.C.1.2)**
- Recognize and identify ways to prevent childhood injuries **(HE.4.C.1.4, HE.5.C.1.4)**
- Describe various influences on healthy decision making **(HE.4.C.2.1, HE.4.B.5.1, HE.5.C.2.1, HE.5.B.5.1)**

### *Day 2*

- Identify opportunities for, and participate in, recommended amounts of physical activity **(PE.4.L.3.1, PE.4.L.3.2, PE.4.L.3.3, PE.4.L.3.4, PE.4.L.3.5, PE.5.L.3.1, PE.5.L.3.2, PE.5.L.3.3, PE.5.L.3.4, PE.5.L.3.6)**
- Understand the importance of safety rules and procedures for physical activities **(PE.4.C.2.2)**
- Recognize benefits of regular physical activity **(PE.4.R.6.1, PE.5.R.6.2)**

### *Day 3*

- Create works of art that communicate personal ideas and interests **(VA.4.C.1.1, VA.4.C.2.1, VA.4.C.2.3, VA.4.S.1.1, VA.4.S.3.1, VA.4.S.3.2, VA.5.S.1.1, VA.5.S.3.1, VA.5.O.3.1, VA.5.F.3.2)**
- Understand how to use art to promote community events **(VA.4.H.2.3, VA.4.F.3.1, VA.5.F.3.1)**